

Conceptualizing a Geriatric Care Facility

Asharaf Abdul Salam

Faculty of Public Health, Al Arab Medical University, Benghazi, Libya

Abstract

Geriatric care has started receiving attention from policy makers, program planners, developers and investors. A major challenge on building geriatric care facility is offering promising life styles with dignity to the seniors. Given here in this extract is a conceptual idea (a dream) of such a facility. This facility bases its foundations to the theoretical contentions of normal ageing and perspectives of ageing from biological, medical, clinical and psychological faculties. Emphasizing medical treatment to the needy and by treating 'the cause rather than symptom', facilities might avoid development of iatrogenic problems. Geriatric rehabilitation and respite are of importance and which requires an interdisciplinary team. In addition, geriatric facilities are required to adopt structures and systems that are 'elderly friendly' in order to offer pleasant life style.