

Gender difference and women health: a study of Varanasi

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The present paper is concerned with the gender difference and women health. It is conventional wisdom in medical sociology that in developing society men die earlier than women, but also the women have poorer health than men.

Gender is seen closely related to the rules and behavior assigned to women and men based on their sexual differences. In our society the birth of the son is celebrated and the birth of the daughter filled with pain. Women face discrimination right from childhood and gender disparities in nutrition are evident from childhood and gender disparities in nutrition are evident from infancy of adulthood. So the question of gender difference is directly linked with the women empowerment and awareness about health.

Question is that which social norms and value are responsible for gender difference in health. Our tradition is also requires that women eat last. In our society women received less health care facilities than man but it could be remove to our society.

On the basis of interview schedule 70 women are selected form Varanasi district. Data are collected with the help of interview schedule.